



St Joseph's Primary
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Friday 20 February

*At St Joseph's Primary School Wauchope
we place our 'Trust in God' when we are respectful, responsible learners*

FROM THE PRINCIPAL

THE SEASON OF LENT: HOW TO MAKE THE FAST LAST

It was an unsettling moment in class when we discovered Ash Wednesday to Easter was actually 46 days. Sundays didn't count. And the Lent day tally came to a grinding halt on Holy Thursday rather than Easter.

Obvious questions followed: Are we better Catholics if we also avoided chocolate on Sundays? Does God love us *more* if we went above and beyond, or *less* for not following the rules? and, Was Jesus eating snacks at the Last Supper, seeing as it wasn't technically part of Lent? Should we?

We wonder how much of this kind of mindset continues to lurk in the shadows of our recent Lenten journeys, pulling the strings as we *give up* or *take up* something. After all, it's so much easier to point to rules and regulations and call *that* the voyage of faith, rather than to cast oneself into the endless, tumultuous ocean of God's love and allow ourselves to be tossed about in all directions.

Nevertheless, each Ash Wednesday we erect scaffolding of dos and don'ts, and somewhere around day 11, we inadvertently trip over the doorframe and the whole structure comes tumbling down. And who has the energy to rebuild? We'll just wait until next year. (Because 40 days of fasting only comes around once a year, right?)

So, mindset matters. Commitment matters, too. But it's funny, because God has already told us *exactly* what God has in mind regarding fasting:

***Is this not, rather, the fast that I choose:
releasing those bound unjustly,
untying the thongs of the yoke;
Setting free the oppressed,
breaking off every yoke?
Is it not sharing your bread with the hungry,
bringing the afflicted and the homeless into your house;
Clothing the naked when you see them,
and not turning your back on your own flesh?
(Isaiah 58:6-7)***

We commit to do our best. We endeavour to become the best version of ourselves. But we do so within a very particular context: building up the reign of God in the here and now.

How do we do this, concretely? By following Christ, God who "emptied himself" of what it meant to be God to take on what it meant to be another — us. Daily, we are reminded of how our selfishness gets in the way of loving other people. Our own biases, jealousies and insecurities prevent us from throwing ourselves — judgment-free — into the life of another. How, then, does *our* fast break down these barriers, empty us of the *me*-ness, and build bridges of empathy upon which all can cross?

Pope Francis, in his 2014 Lenten message, said it well:

***"Lent is a fitting time for self-denial;
We would do well to ask ourselves what we can give up in order to help and enrich
others by our own poverty."***

(adapted from bustedhalo.com)

PARENT INFORMATION EVENINGS

Thank you to those parents who ventured out on Monday and Tuesday evening to listen to the plans our teachers have for your children throughout 2015. The evenings were very well supported. For some it was an opportunity to put a name to a face and recognise your child's teachers, for others it gave them insight in to the ways in which we at St Joseph's are implementing 21st Century teaching standards. I thank all staff for their considered planning of the evenings and their continued dedication to the children in their care.

TRISH COELHO

ASSISTANT PRINCIPAL REPORT CHILDREN'S CROSSING – AVONDALE STREET

Yet again, we remind drivers who are travelling down Avondale Street **BEFORE** school (8.30 am - 9.00 am) to be especially careful in your driving. This can be a particularly busy time and extreme care is required. Motorists are warned that Police will be stepping up their presence in this area during this time each day.

P & F – FAMILY POOL EVENING

On **Friday 6 March 2015** our P & F will host a pool fun night for all school families at the Wauchope Pool from 5.00 pm - 7.00 pm. This is a great opportunity for families to get together and meet new families. Payment is on entry to the pool. Please bring your own food and refreshments for your family. There will be allocated time slots for children to have a turn on the aqua scramble.

SYMPATHY

We offer our prayers and sympathy to the Towler family on the passing last weekend of Hannah's (Year 4L) grandfather, Keith Baker. Mr Baker was the Principal of the Wauchope TAFE for many years and is fondly remembered by local residents.

KEN OGILVIE

FROM THE SPORTING FIELD

ZONE SWIMMING CARNIVAL

Congratulations to our Zone Swimming Team for their excellent behaviour and wonderful participation at the Carnival. There was a great atmosphere on the day and our children were excellent, gaining second place in the small schools section. Special congratulations to Monique Rudder and Brendan Walsh for successful selection into the Zone Team to compete at the Diocesan Carnival next month.

WINTER SPORTS TRIALS

The Zone Winter Sports Trials will take place on **Monday 23 February 2015** at St Joseph's Regional College. Children who nominated for this event gained selection and are advised to be at St Joseph's Regional College Oval at 9.00 am. Miss Lewis will be at the venue to supervise children and will move between the sports. Each sport has a teacher from one of the Zone's Schools also supervising and convening that particular sport. Thank you to parents who have nominated to assist on the day.

Our representatives are:

Netball	Molly Hutcheon, Sally Jackson, Tahnee Holland, Ashley Middleton, Hannah Dakin, Courtney Grove, Montaya Hinton, Kayleigh Falls, Kellie Burke and Nikki Parsons
Girls Soccer	Nina Lindley
Boys Soccer	Jake Robb, James Eggert, Adam Squire, Brayden Williams, Samuel Warren, Lachlan Paynting, Dylan Lambert, Lachlan McMurray, Samuel Coates, Matthew Walsh and Quinn Pares
Rugby Union	Thomas Daley, Joshua Goldberg
Rugby League	Riley Cribb, Thomas McMurray, Cooper Frankland, Wilson Hooper and Lachlan Morgan-Monk

CANTEEN ROSTER

Monday 23 February	Wednesday 25 February	Friday 27 February
Julie Patrick Kerrie Slater	Belinda Smith Julie Keena	Carol Begley Nerida Ackerman

COMMUNITY NOTICE

AFL/Auskick Clinic

Come and have a kick and have your football signed by players from the Sydney Swans! Monday 23 February 2015 at Wayne Richards park, AFL Ground, Koala Street, Port Macquarie. All ages welcome to attend this free event. PMJAFL will also be holding 2015 registration on the night. Auskick U7 and U9 \$70 (includes Auskick pack and football). For further information call AFL development officer – Rachel Lowe on 0457 389 504.

Hastings Country Music Association invites all under 18 year old performers to perform at The Rising Young Stars Open Concert on Saturday 14 March 2015 at 9.45 am at Bransdon Street Wauchope, behind the Star Hotel. All acts welcome, (not just country music acts). For information please contact Cheryl Hall 6587 5222 or Julia Slater 6585 1783.

Wauchope Thunder Rugby Club

Boys and girls are invited to come and play rugby union with the Wauchope Thunder Rugby Club. The 2015 season sign on will be held at Andrews Park from 5.00 – 6.00 pm on Friday 6 March 2015 with a free sausage sizzle for all the family. The Thunder will field the following teams in the Friday night Port Junior Rugby Union competition. UNDER 6's & 8's, UNDER 10's, UNDER 12's & UNDER 14's. All players will receive shorts, socks and a training shirt as part of their registration.

FOR FURTHER DETAILS PLEASE CONTACT PETER DALEY on 0409 445 701 or JACK PIKE on 0407 205 994

Junior Rugby League Registrations for Wauchope Blues are now up and running. Returning players and new players may register on line on the Wauchope Blues JRLFC website page at Sporting Pulse, or they may register in person on the registration days. Players transferring from another club must register in person and supply a copy of Medicare and Birth Certificate.

Registration day – Saturday 21 February 2015 from 9.30 am to 12.30 pm at Lank Bain Oval, Wauchope.

Enquiries to Lynne on 0415 680 557 or Cassie the Registrar on 6586 4792

Soccer News – Wauchope Soccer Club Online Registrations are now open for 2015. For further information and to access the My Football Club registration system, visit our website: www.wauchopesoccerclub.sportingpulse.net. You can also become a fan on our Facebook page – Wauchope Soccer Club.

The club is holding payment and information sessions on the following dates –

Wednesday 18 February at Wauchope RSL from 5.30 pm to 7.00 pm

Saturday 21 February at Wauchope RSL from 10.00 am to 2.30 pm

Tuesday 24 February at Fairmont Gardens from 5.30 pm to 7.00 pm

Wauchope Physical Culture Club - Classes are held at Wauchope Primary School. Fun Fitness and Friendship.

Tuesday and Thursday – 5-8 Year olds 4.30 – 5.30 pm, 9-12 Year olds 5.30 – 6.30 pm

Please contact Annette Wannell on 0447 157 340 or Lisa Wannell on 0409 125 664 for more information.

PUPIL FREE DAY

WEDNESDAY 4 MARCH 2015

TERM 1 – WEEK 5 CALENDAR

Sunday	FEB	22	1 st Sunday of Lent
Monday	FEB	23	Staff Briefing: 8.30 am – Office opens approximately 8.45 am Zone Winter Sports Trials – Mr Seymour, Miss Lewis & Mr Marshall attending
Tuesday	FEB	24	Uniform Shop Open: 1.50 pm – 2.50 pm Band Rehearsal 8.00 am Band and Guitar tuition School Banking Leader of Curriculum Meeting – Miss Miles attending
Wednesday	FEB	25	Rite of Reconciliation: Year 5/6GO and Year 5/6L 1.30 pm Hastings Assistant Principals Meeting – Mr Ogilvie attending ASD Inservice - Miss Gow attending
Friday	FEB	27	Staff Prayer: 8.40 am: Office opens approximately 8.50 am Bundaleer Mass: Year 5/6L attending

UPCOMING EVENTS

MAR	4	Pupil Free Day – Australian Curriculum
MAR	4	Diocesan Swimming Carnival – Murwillumbah
MAR	13	Diocesan Winter Sport Trials
MAR	14	Welcoming Mass
MAR	21	Celebrate Jesus
MAR	28 & 29	Family Faith Retreat

INTERNATIONAL THINKING DAY – GIRL GUIDES



WHERE

CHOOSE FROM EITHER DATE AND VENUE:

Southern Retreat - SDA Convention Centre,
250 Grassy Head Rd Stuarts Point - March 28/29

Northern Retreat - Tyalgum Ridge Retreat,
783 Tyalgum Creek Rd - October 24/25

Join us for the 2015 Family Retreat



Registration for Southern Retreat due by 13th March

on line at: https://docs.google.com/forms/d/1vdtQ-QMyn7lq714054cKxii7qMQhz5Nicmlm1u3J7xs/viewform?c=0&w=1&usp=mail_form_link
or email: parents@lism.catholic.edu.au

FUN

- Evening activities
- Games for kids

FAMILY

- Relax and enjoy quality family time and activities
- Meet and connect with other families

FAITH

- Fr Gerald O'Collins as Spiritual Director
- Meeting you where you are at on your faith journey
- Mass, reconciliation, prayer

FREE

All costs covered by:



DIocese OF LISMORE
Catholic Schools
Parent Assembly
Parents in Partnership

INFORMATION

For more information please contact your Parish School Parent Representative or your Parent Assembly Cluster Organisers:
Peta Rourke: Hastings Macleay (m) 0400420614
Paul Edgar: Clarence (m) 0427118122
Jo Kelly: Richmond (m) 0407706454
Leanne Robbins: Tweed (m) 0407143975