



St Joseph's Primary
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Friday 27 February

*At St Joseph's Primary School Wauchope
we place our 'Trust in God' when we are respectful, responsible learners*

FROM THE PRINCIPAL

REASONS WHY I'M PRAYING THIS LENT

Prayer is the least flashy the Lenten pillars—it's easy to count how many times you gave (or how many times you messed) something up. You can see, *feel* Lent happening. But prayer? How do you *measure* the impact of your prayer?

That's why I've always found prayer to be the lazy pillar of Lent. What do you have to show for it? What really *looks* different to set your Lenten journey apart from your everyday one? And plus, prayer is something we're *always* supposed to be about, right? I mean, when that inevitable question comes around—"What are YOU doing for Lent?"—and all I say is praying more, doesn't that leave the questioner thinking, "Man, how little does this lady pray on an average day?"

Then again, Lent isn't meant to be a flashy journey. It's not a Broadway production; it's a contemplative walk through the desert. And while we're called to be in community—to support one another on our common journeys to God—it's not necessarily anyone's business what I'm giving up for Lent or what the impact of that sacrifice will be.

Obvious, right? So, let me say a few words on why my Lenten scaffolding is around the pillar of prayer. Contrary to previous years where I cobble together some Lenten intentions on the eve of Ash Wednesday—usually high minded fasts—I believe God has laid three important invitations at my doorstep, beckoning me into a prayerful Lent, a Lent of quiet stillness, of journaling and spiritual reading. A personal prayer life informs a communal life of action. Without one, the other is tremendously difficult. I used to scoff at people when they said an active prayer life was a credential to a successful life of service. It always sounded to my ears like a copout from people who didn't really want to commit to the requirements of social justice. But we think of heroes like Dorothy Day and Mother Teresa, who despite hardships, both in prayer and in community, anchored their lives of service and commitments to justice in prayer.

Maybe, then, there are merits to my prayer: the amount of love freely given to the world. We'll see how it goes.



MEASURING OUR SCHOOL CULTURE

The Diocese of Lismore has engaged the services of a consultancy company Insight SRC to assist all schools in our Diocese to track their school culture. This process will be a 5 year project. This will entail surveying staff, students (Year 5 and Year 6) and a random selection of parents. This data will be most valuable in allowing us to set goals for the future and modify our intentions as need be. In the coming weeks we will be notifying the families who have been randomly selected to complete the survey. I

encourage those families to assist us by returning the surveys and sharing honestly their thoughts. The more data we have the better our school will become in the future.

PUPIL FREE DAY

I wish to remind families that our scheduled **Pupil Free Day** is this coming **Wednesday 4 March 2015**. All staff will be travelling to Kempsey for this day; therefore no one will be on our school premises. The day will be spent engaged in professional learning on the new Australian Mathematics Curriculum, led by an expert – Anita Chin. I thank families for their assistance.

EARLY ARRIVERS

We are still experiencing many children arriving before the designated 8.35 am *Play Bell*. Some students have been arriving as early as 7.50 am. I stress to parents that there is no supervision on the school grounds for your child before 8.35 am. Teachers may well be at school, but are preparing for the day ahead. I ask families to give this matter due consideration. If you have any reason to drop your children at school earlier please contact myself or Mr Ogilvie to discuss this matter.

PERSONAL LEAVE

I wish to inform parents that I will be taking some Long Service Leave next week and into Week 7 to attend a family wedding in New Zealand. I will be away from 5 March to 10 March 2015 (inclusive). I apologise that I will not be able to attend the P & F Pool Party during that time. Please direct any matters of concern to Mr Ogilvie in my absence.

TRISH COELHO

ASSISTANT PRINCIPAL REPORT

P & F – FAMILY POOL EVENING

On **Friday 6 March 2015** our P & F will host a pool fun night for all school families at the Wauchope Pool from 5.00 pm - 7.00 pm. This is a great opportunity for families to get together and meet new families. Payment is on entry to the pool. Please bring your own food and refreshments. There will be allocated time slots for children to have a turn on the aqua scramble. A note was sent home yesterday. Replies are required to indicate adequate Pool Attendant Supervision.

HEALTHY LUNCHBOXES

As we have currently reviewed our *Anaphylaxis Guidelines* here at school families are asking what healthy lunchbox items can be included as alternatives to products that may contain traces of nuts:

Fruit: Try fresh, dried or tinned. In summer, try frozen orange quarters or frozen bananas (rolled in orange juice and coconut).

Bread or other cereal-based snacks are great fillers. Try: • Miniwheats breakfast cereal, Weetbix/Vitabrits or other wheat breakfast biscuits spread with fruit spread. • Fruit bun, raisin toast/bread, pikelets or scones lightly buttered. • Crumpets or muffins lightly buttered. • Quick cooking noodles with grated zucchini and cheese. • Mini pizzas using English muffins as the base. • Corn or rice cakes with mashed banana or cheese. • Plain biscuits e.g. arrowroot, milk coffee, shredded wheatmeal, grissini sticks.

Dairy Foods: Try plain, flavoured or frozen yoghurt, milk.

Vegetable sticks: Try carrots, celery, and cucumber, green or red capsicum.

Meat and substitutes: Try hard-boiled eggs, meatballs.

KEN OGILVIE

PUPIL FREE DAY

WEDNESDAY 4 MARCH 2015

FROM THE SPORTING FIELD

WINTER SPORTS TRIALS

Due to the recent wet weather the Zone Winter Sports Trials had to be postponed. These will now be held on Monday 9 March 2015 at St Joseph's Regional College. All students who previously nominated received an update note this week and should have returned it already. If your child has not returned the note, please ensure this is done first thing Monday morning for eligibility in the selection process.

DIOCESAN SWIMMING CARNIVAL

Our best wishes go with Monique Rudder and Brendan Walsh who will compete at the Diocesan Swimming Carnival in Murwillumbah on Wednesday 4 March 2015. We hope they both swim well in their events and look forward to hearing about their achievements upon their return.

SCHUBERT 7's RUGBY LEAGUE

This week students from Year 3 to Year 6 who have shown an interest in Rugby League took home a note regarding the Schubert 7's competition to take place on Tuesday 17 March 2015 at Port Macquarie. We hope to field three teams in this competition with a Year 5/Year 6 and Year 3/Year 4 boys team playing tackle, and an Opens Girls team playing League Tag. For those who wish to play, notes need to be returned to Mr Ogilvie by Monday 2 March 2015.

SCHOOL CROSS COUNTRY CARNIVAL

Our school Cross Country carnival will take place on Thursday 12 March 2015. The event will be held at Andrew's Park in Wauchope. Children will come to school on that day and class teachers will walk them to the park to compete in the event. This carnival is a great event for the children and one that cannot run without parent support. If you are able to assist with course supervision on the day, it would be greatly appreciated. Could all permission notes please be returned by Wednesday 5 March 2015.

DAVID POULTON

LIBRARY		
LIBRARY BORROWING DAYS	LUNCHTIME LIBRARY	LEGO CLUB
Library classes for 2015 are as follows: Tuesday – Yr 4L & Yr 4P Wednesday - Yr 3H, ES1M & ES1P Thursday – Yr 5/6L & Yr 5/6GO Friday – S1E, S1M & S1S	Each Wednesday : Second half lunch 1 – Infants Students First half Lunch 2 – Primary Students	Tuesday – Infants Students – Second half of lunch 1 Thursday – Primary Students – Second half of lunch 1

ROBYN O'BRIEN

PARENT ASSEMBLY NEWS

FAMILY RETREAT 28 - 29 MARCH 2015

Our Family Retreat is approaching fast. Escape the busy hustle and bustle of life. Come and enjoy the weekend with your family, meeting new families and sharing in the lovely outlook of Grassy Heads. This year we have Father O'Collins leading us in a new and engaging format, including fun activities for the whole family.

To register for our Parent Assembly Family Retreat, just open the electronic copy of the flyer in your school newsletter and click the link "To register." This will take you to a registration form for your convenience. Or contact Peta Rourke on 0400 420 614 or Paul Edgar on 0427 118 122 to help us with our catering, accommodation and organisation, could you please register your family before Friday 13 March 2015.

We look forward to seeing you at our relaxing and informal family gathering. Food & accommodation supplied by Parent Assembly for your enjoyment!!!



DIOCESE OF LISMORE
Catholic Schools
Parent Assembly
Parents in Partnership

PETA ROURKE (CLUSTER ORGANISER HASTINGS MACLEAY REGION - PARENT ASSEMBLY)

TERM 1 – WEEK 6 CALENDAR

Sunday	MAR	1	2 nd Sunday of Lent
Monday	MAR	2	Staff Briefing: 8.30 am – Office opens approximately 8.45 am Leader of Evangelisation meeting – Mrs Pearman attending
Tuesday	MAR	3	Uniform Shop Open: 1.50 pm – 2.50 pm Band Rehearsal 8.00 am Band and Guitar tuition School Banking
Wednesday	MAR	4	PUPIL FREE DAY – SCHOOL CLOSED Diocesan Swimming Carnival – Murwillumbah
Thursday	MAR	5	Counsellor’s Meeting – Mrs Bignell attending
Friday	MAR	6	Staff Prayer: 8.40 am: Office opens approximately 8.50 am Assembly: 2.10 pm – ES1 presenting (Kindergarten) P & F POOL PARTY: 5.00 pm, ALL WELCOME

UPCOMING EVENTS

MAR	12	School Cross Country Carnival
MAR	13	Diocesan Winter Sport Trials
MAR	14	Welcoming Mass
MAR	18	Sacrament of First Penance
MAR	21	Celebrate Jesus
MAR	27	Uniform Shop opening each Friday from 27 March – note change
MAR	28 & 29	Family Faith Retreat
APR	2	Last day of Term 1 for students

CANTEEN ROSTER

Monday 2 March	Wednesday 4 March	Friday 6 March
Molly Warrener Gemma Fletcher	PUPIL FREE DAY	Nicole Tilston Melanie Everingham

AWARD RECIPIENTS – ASSEMBLY FRIDAY 7 MARCH 2015

Emily Betts, Lewis Johnson, Airley Rixon, Emily Potts, Brinkley McHugh, Summer-Rose Tilston, Jaydee Jones, Teleah Holbert, Ezekiel Minturn, Oliver Koivu, Amelia Riley, Bella Cook, Maddison Warrener, Jack Roelands, Taytum Moylan, Cameron Cooper, Lillian Leister, Jubilee Mea, Alexander Galloway, Jai Kliendienst, Teliya Gayler, Oliver Hooper, Brooklyn Hudson, Joseph Jackson, Makayla Cook, Abby Fletcher, Jeffrey Keena, Bella Kilmurray, Luke Squires, Aidan Grove, Black Haywood, Juniper Mea, Zachary Copp, Amelia Stubbs, Adam Squire, Eli Smith, Samuel Coates, James Eggert, Jenna Richards-Brown and Nikki Parsons.

COMMUNITY NOTICE

Hastings Farmers Market, tomorrow Saturday 28 February 2015. Wauchope Showgrounds from 8.00 am to 12 noon. Many stalls, delicious foods and treats for all.

Annual Comboyne Show, tomorrow Saturday 28 February 2015 from 9.00 am.

Agricultural and Horticultural Show + Goat Races

Entertainment, Markets and Food, Arts and Produce, Dog show, Poultry and Equestrian events.

All welcome.

It is best to have cash money organised prior to heading up the mountain to Comboyne.

2nd Wauchope Scout Group – Fundraising Garage Sale, Saturday 7 March from 8.00 am to 1.00 pm

Donations of saleable goods and items would be appreciated.

Please call Heather on 0429 861 378 or to book your own stall.

Wauchope Centenary of Rail Celebrations Friday 10 April to Sunday 19 April 2015

Includes Official Opening of the Heritage Festival and Tribute Service to Railway workers, Rocks Ferry Reserve, Sunday 12 April 2015 at 2.00 pm.

“Tin Hare” Rail motor Shuttles to Telegraph Point and Kendall from 10.50 am

“Tin Hare” Evening Soiree to Kempsey and return 7.00 pm /8.40 pm

For bookings and more information please contact 0424 226 258 or 0418 682 147

Visit www.wauchoperailcentenary.com.au

Hastings Country Music Association invites all under 18 year old performers to perform at The Rising Young Stars Open Concert on Saturday 14 March 2015 at 9.45 am at Bransdon Street Wauchope, behind the Star Hotel. All acts welcome, (not just country music acts). For information please contact Cheryl Hall 6587 5222 or Julia Slater 6585 1783.

Wauchope Thunder Rugby Club

Boys and girls are invited to come and play rugby union with the Wauchope Thunder Rugby Club. The 2015 season sign on will be held at Andrews Park from 5.00 – 6.00 pm on Friday 6 March 2015 with a free sausage sizzle for all the family. The Thunder will field the following teams in the Friday night Port Junior Rugby Union competition. UNDER 6's & 8's, UNDER 10's, UNDER 12's & UNDER 14's. All players will receive shorts, socks and a training shirt as part of their registration.

FOR FURTHER DETAILS PLEASE CONTACT PETER DALEY on 0409 445 701 or JACK PIKE on 0407 205 994

Wauchope Physical Culture Club - Classes are held at Wauchope Primary School. Fun Fitness and Friendship.

Tuesday and Thursday – 5-8 Year olds 4.30 – 5.30 pm, 9-12 Year olds 5.30 – 6.30 pm

Please contact Annette Wannell on 0447 157 340 or Lisa Wannell on 0409 125 664 for more information.