



St Joseph's Primary  
P O Box 9  
Wauchope 2446



Friday 11 March 2016

Phone: 65 851745

Fax: 65 852867

Email: [sjpwauch@lism.catholic.edu.au](mailto:sjpwauch@lism.catholic.edu.au)

Web Page: [www.wauplism.catholic.edu.au](http://www.wauplism.catholic.edu.au)

<http://moodle.wauplism.catholic.edu.au>

*'Empowered quality learning in flexible and adaptive environments,  
utilising personalised and collaborative practices.'*

## FROM THE PRINCIPAL

### LENTEN GRACE

We are now half way through our Lenten season and it is an opportunity to ask ourselves; *How are we going?* - In our prayer life, fasting and with giving. The season of Lent is a preparation for the celebration of Easter - the pinnacle of our church's liturgical year. Let us pray for the grace of God to guide us and support us.

#### **A Prayer for Lenten Grace**

*Loving God*

*During the sacred season of Lent, bring me closer to you.*

*Prepare a place in my home and heart for silence and solitude so that I may re-discover the grace of a prayerful life.*

*Help me to fast from those things that threaten the well-being of body and soul*

*And remind me of the grace of simplicity.*

*Enlarge my heart so that I give to those in need and*

*In doing so, rediscover the grace of gratitude and generosity*

*May this season be a grace filled time to*

*Rekindle my love for and faith in you.*

*Amen.*



The link below provides a short reflection that families can do together.

<https://www.youtube.com/watch?v=o8YAEXvjmww>

## CATHOLIC SCHOOLS WEEK.

Next week we look forward, as a school, to celebrating Catholic Schools Week. This is an opportunity to share with the broader community the great things that take place in our schools every day. The week is designed to be a lively celebration for all who have a stake in our schools – students, staff, families, priests, and parishioners.



It is for them to share in the joy and distinctive character of Catholic schools. The theme for 2016 is **'I Belong. You Belong. We Belong.'** which aligns with the Catholic Church's strong focus on supporting refugees and asylum seekers and the need for a compassionate global community. The theme also ties in with the Catholic Church's celebration of the Extraordinary Jubilee of Mercy, which centres on pardon, strength and love. In this Year of Mercy, Pope Francis is calling on all Catholic communities to extend mercy to those in needs, particularly refugees fleeing hunger and war.

## VALE GRAHAME BUCKLEY

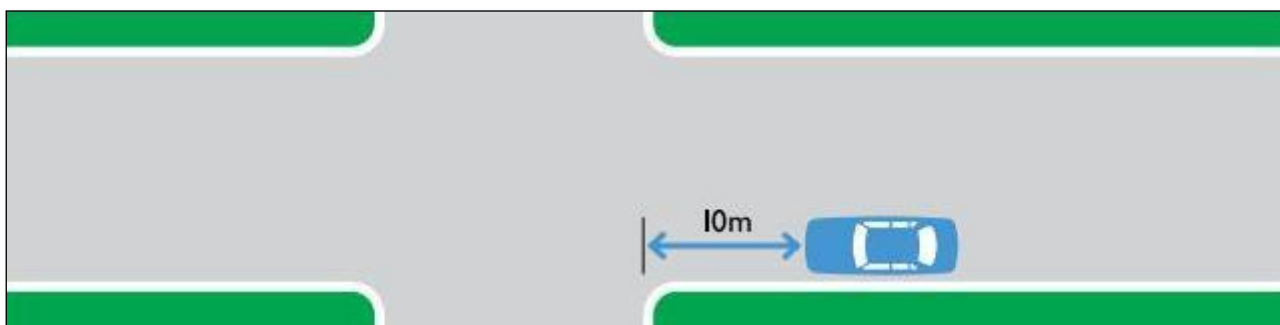
We were saddened and shocked late last week to learn of the sudden passing of Grahame Buckley. Grahame, father to Rachel Moss, has left a significant legacy, not only in the Wauchope – Bonny Hills community, but within the broader sporting and service community of our region and NSW. We extend our prayers and condolences to Denise, Corinne, Rachel and Natalie at this time. We pray that they know the strength only Christ can give when dealing with such a tragic loss. Grahame will be laid to rest at Our Lady of Lourdes Church, Wauchope on Monday 14 March 2016 at 1.00 pm.

## MEASURING OUR SCHOOL CULTURE

The Diocese of Lismore has once again engaged the services of a consultancy company Insight SRC to assist all schools in our Diocese to track their school culture. This process will be a 5 year project, of which we are now in the second year. This will entail surveying staff, students (Year 5 and Year 6) and a random selection of parents. This data will be most valuable in allowing us to set goals for the future and modify our intentions as need be. **Families who have been selected to complete this survey have been contacted and will receive a package early next week. These will be sent home in your child's school bag.** I encourage those families to assist us by returning the surveys and sharing honestly their thoughts. The more data we have the better our school will become in the future.

## STUDENT SAFETY – PARKING RESPONSIBLY

I am sure you will agree that student safety is paramount when parking within the vicinity of the school. It has come to our attention that some parents are parking in an unsafe manner in order to attend Friday afternoon Assemblies. Please adhere to the road regulations and park within the desired distance of any street. Please note that it is illegal to park within 10m of an intersecting road (at an intersection without traffic lights) unless a sign allows you to park there (see image)



## P & F – ANNUAL GENERAL MEETING

The Annual General Meeting of our school P & F Association will be held at **6.00 pm, Thursday 17 March 2016** in the Meeting Room. All positions will be declared vacant and elections held. Your presence and commitment will ensure another successful year for our valuable P & F Association.

## STAFF SPIRITUALITY DAY

As indicated in our Parent Handbook and in recent newsletter calendar events our Staff Spirituality Day is scheduled for **Friday 8 April 2016**. On this day we, as a staff, take the opportunity to reflect on what it means to be leaders of faith within our Catholic schools. **Please note that this is a Pupil Free Day.**

TRISH COELHO

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## ASSISTANT PRINCIPAL

At our school we aim to create a safe and supportive school community for everyone. Sometimes, it can be difficult for parents or carers to know what to do when their child talks to them about bullying. You are an important part of our work to prevent bullying and to respond effectively if it happens. We have listed in this newsletter a definition of bullying which may help you identify the difference between a disagreement and bullying. You may notice the same definition (as green posters) displayed throughout the school educating our children about Bullying. If your child talks to you about bullying please consider the following steps to take -

1. Listen calmly and get the full story. Your calm response is important to allow your child to tell you all about the situation. After they've told you their story, ask questions to get more details: who, what, where, when. Although you may feel some strong emotions about your child's experience, try to keep calm to avoid more distress to your child.

2. Reassure your child. You could say things like, 'That sounds really hard to deal with' or 'I'm so glad you told me', 'You should be able to feel safe at school'.

3. Ask your child what they want to do and what they want you to do. A critical part of your response is to avoid jumping in to solve the problem. While it is natural to want to protect your child, helping them to find their own solution is a better option. It helps them feel they have some power in the situation.

4. Contact the school. Your child may be reluctant for you to do this, so discuss the idea and reassure them that the school would want to know and is able to help. Make an appointment to meet with your child's teacher and, if you need to, ask to talk with the teacher or member of school executive as well. Contact the school immediately if you have a concern about your child's safety.

5. Check in regularly with your child and his/her teachers. Keep the conversations going. It can take time to resolve issues, so check regularly with your child about their experiences and their feelings. Your ongoing support is important.

NIGEL TOOLE

## GOD MOMENTS

### Alannah Steele

Created her own PowerPoint presentation for Examen Prayer.

### Teliya Gayler

Saw some rubbish on the playground and without being asked began cleaning it up.

### Ruby Paynting

Held the office door open for a courier who was delivering a heavy parcel.

*The courier commented on her beautiful manners and initiative.*

## FOCUS ON FAITH

Catholic Schools Week begins on Monday with a Liturgy in the Ogilvie Hall at 9.30 am. Following the Liturgy parents and grandparents are invited to the classrooms to observe some of the fantastic work that has been happening. We also encourage parents and grandparents to bring some lunch to have with their children at Lunch 1. The school staff have put together a number of activities to ensure that Catholic Schools Week at St Joseph's is a great celebration of Catholic Education. Please refer to the timetable attached so you can remain informed of when things are happening. Please note that all children are being encouraged to wear green on Thursday to help celebrate St Patrick's Day.

## INCITARE

On Tuesday, selected students from Year 6 attended the Incitäre Retreat. Incitäre is a one day faith retreat experience involving various prayer methods, group processes and student led discussions helping to equip young students to be faith leaders within their parish school communities. It is intended that this cohort of students will be invited back for similar days as part of student discipleship and peer leadership programs each year while they continue Catholic education. Our students were great ambassadors and have returned with the knowledge and skills to allow them to be effective faith leaders in our school.



Year 10 MacKillop students led group discussions, pray and activities. The St Joseph's Wauchope students were given the mission to 'Go forth and set the world on fire'.

## FROM THE SPORTING FIELD

### DIOCESAN WINTER SPORTS TRIALS

We wish Tahnee Holland, Montaya Hinton, Jake Robb, Aidan Hill and Lachlan McMurray all the best next week when they travel to Grafton to participate in the Diocesan Winter Sports Trials.

Tahnee and Montaya will represent our school and the Hastings Zone in Netball. Jake, Aidan and Lachlan will trial for a spot in the Diocesan Rugby Union Team as they also represent our school and the Hastings Zone.

We know these students will continue to display the outstanding skill and sportsmanship they showed at the recent Zone Trials, and we look forward to hearing about their achievements following their Grafton trip.

### HOT SHOTS TENNIS

Our Hot Shots Tennis program has been a huge success with Stage 2 completing their formal lessons this week. Stage 2 has had a wonderful time learning about the game of tennis, developing skills and having fun.



Next week Stage 3 will commence their program and will participate during their sport time on Wednesday at 1.45pm. We look forward to delivering this program to Stage 1 in the first few weeks of Term 2.

For more information about getting you children into playing tennis then visit - <http://hotshots.tennis.com.au/>

DAVID POULTON

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### CANTEEN ROSTER

Monday 14 March	Wednesday 16 March	Friday 18 March
Julie Keena Gina Williamson	Julie Keena Molly Warrener	Julie Keena Nicole Tilston Rachel Sonter

### NEW CANTEEN ITEMS

**Hawaiian Pizza Sub \$2.50, Gluten Free Meat Pie \$4.75, Twisted Frozen Yoghurt \$2.00**

**Lunch orders must be written on a paper bag (can be purchased from the local IGA supermarket)**

**Please do not seal lunch bags with sticky tape.**

**Write the cost of each item, total and change required.**

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### AWARD RECIPIENTS – ASSEMBLY Friday 18 March 2016

Be'Jai Carney, Finn Towe, Lainey McCudden, Mason Begley, Callum Williamson, Ruby Lambert, Abigail Boland, Jaydee Jones, Oliver Scott, Maddison Warrener, Ethan Begley, Summer-Rose Tilston, Jory Sanim, Eli Koivu, Joey Prosser, Benjamin Hartas, Jethro Boyd, Grace Smith, Aila Fabrizio, Byron Kolk, Liam Delandemare, Adam Cook, Joshua Pike, Matilda Shields, Hannah Thompson, Jack Everingham, Rhea Edden-Moore, Rebecca Ebrole, Jarvis Ring, Makayla Cook, Grace Gibbs, Harry Newman, Eliza Smith, Tahnee Holland, Thomas Frankland, Lola Delandemare, Ethan Smith, Mckinley Halls, Amelia Stubbs and Liam Richards-Brown.



TERM 1 - WEEK 8

**CATHOLIC SCHOOLS WEEK**

(See attached timetable)

Monday	MAR	14	Staff Morning Briefing; 8.30am (Office closed until 8.45 am) Insight SRC Survey Period Opens 2015 Finance Audit
Tuesday	MAR	15	Band and Tuition Band rehearsals for 2016 beginner students, 8.00 am, Ogilvie Hall School Banking Mini Vinnies Cake Stall: Lunch 1 Insight SRC Workshop – Mr Toole and Mrs Wilson attending
Wednesday	MAR	16	Sacrament of Penance: S3S & S3P: 12.30 pm; OLOL Church School Sport Day <b>Uniform Shop open – 1.30 pm to 3.00 pm in the Old Hall</b>
Thursday	MAR	17	P & F AGM and General Meeting: 6.00 pm: St Joseph’s Meeting Room
Friday	MAR	18	Staff Prayer (Office Closed until 8.45 am) Diocesan Winter Sports Trials at Grafton Assembly – 2.30 pm, Ogilvie Hall

**FUTURE DATES – 2016**

MAR	19	Celebrate Jesus
MAR	23	School annual Cross Country Carnival
APR	8	<b>Pupil Free Day</b>
APR	26	Students and staff – First day Term 2r
APR	27	School Photos ( <b>Please note change of advertised date</b> )
MAY	16	Change over day to winter uniform

Catholic Schools Week		I BELONG, YOU BELONG, WE BELONG			
Time	Monday 14 March 2016	Tuesday 15 March 2016	Wednesday 16 March 2016	Thursday 17 March 2016	Friday 18 March 2016
9.30 am – 10.00 am	Catholic Schools Week Liturgy – Ogilvie Hall			ST PATRICK'S DAY Students Wear Green	
10.00 am – 11.00 am	Open Classrooms to Families				
11.00 am – 11.30 am	Family lunch Please bring a picnic lunch to share with your children	Mini Vinnies Cake Stall			
11.30 am – 1.15 pm		Band begins 12.30 pm	12.30 pm -1.15 pm Stage 1 - Art Activity 12.30 pm S3S & S3P Penance	School Buddy Reading Details to follow	
1.15 pm – 1.45 pm Lunch 2		Band	Teachers V Students Sporting Match Netball		
1.45 pm – 3.15 pm			Sport	Peer Support Group Activities	Assembly 2.30 pm Ogilvie Hall

# **A BULLYING FREE ZONE, CREATES A SAFE AND SUPPORTIVE ENVIRONMENT FOR EVERYONE**

## **Bullying is:**

- **a behaviour that is repeated (more than twice) AND**
- **is targeted at the same person AND**
- **causes harm, distress and/or create fear.**

## **Bullying is NOT:**

- **a difference of opinion or**
- **a single incident or**
- **someone who isn't following the rules of the game**

