



St Joseph's Primary
P O Box 9
Wauchope 2446

Friday 29 April 2016



Phone: 65 851745
Fax: 65 852867

Email: sjpwauch@lism.catholic.edu.au
Web Page: www.wauplism.catholic.edu.au
<http://moodle.wauplism.catholic.edu.au>



PRINCIPAL - TRISH COELHO

ANZAC DAY

How proud we were to see so many of our students marching as a school last Monday in the ANZAC March to the town Cenotaph. We were well represented by our Year 6 School Leaders.

It is always a delight to hear of students who also march for the Girl Guides and Boy Scouts and even Lara and Darcy Crawley marched in their uniform at Tamworth.

Special thanks to Mrs Holloway, Ms Solares, Mrs O'Brien and Mrs Cleary for their preparation of our school service last Tuesday.



FAREWELL BISHOP JOHN

We were saddened to hear of the passing of Bishop John Satterthwaite last weekend. Bishop John successfully led the Diocese of Lismore from 1971 until 2001. I am sure that parishioners past and present will have many fond memories of Bishop John as do many of our teachers. His funeral will be held in the Cathedral at Lismore this coming Monday 2 May at 10.30am.



We also extend our sympathies to Mia (S1S) and Callum (ES1K) Williamson on the passing of their great grandmother, Barbara Roberts. We also extend our prayers and condolences to Mr Owen

'Empowered quality learning in flexible and adaptive environments, utilising personalised and collaborative practices.'

Hamill on the recent passing of his grandfather, Ron Gorvin.

CONGRATULATIONS

Congratulations to Katy (S1S) and Lily (ES1L) Eyles on the birth of their beautiful baby brother, Jason. Lots of cuddles from his big sisters.

Congratulations to ex-student Zac Murphy who was the bugler for *Soldier On* for the ANZAC Day Dawn Service on top of the Harbour Bridge.



WELCOME

This week we welcome Oliver Young to S1S. We know he has settled in well and is making new friends.

FAREWELL

This week we said goodbye to the Gayler family. We wish them all the very best at their new school.

**ST JOSEPH'S
PRIMARY
SCHOOL
WAUCHOPE**



**KINDERGARTEN
ENROLMENTS 2017**

Enrolment forms available
King Street, Wauchope. | Phone: 6585 1745

Vacancies exist in most grades
Enrolments close 27th May 2016

Respectful, responsible, learners

ENROL NOW FOR 2017

Tel: 656907

LIKE US ON FACEBOOK to keep up to date with all that's happening at St Joseph's.



MOTHER'S DAY RSVP



A call to all mothers who wish to attend our Mother's Day afternoon of activities, fun, food and pampering. RSVP by Tuesday 3 May 2016.

Book your calendar for Friday 6 May 2016: 12 noon through to 3.00 pm. Much is in store for our lovely mums.

We still require a photo of each mum for this very special occasion. Please send one in with your child by Wednesday 4 May 2016.

YEAR 6 ORIENTATION

All Year 6 students are invited with their parents to St Joseph's Regional College, College Drive, Port Macquarie for an orientation session and College tour. Monday 2 May 2016 at 6.00 pm.

VOLUNTEERS WANTED FOR THE P & F

Our next P & F Meeting is scheduled for 12 May 2016 at 6.00 pm in the St Joseph's Meeting Room. Can you

volunteer some time? Are you interested in becoming our Treasurer? We welcome all to attend and assist with what the year ahead holds.



Congratulations to Sienna Heaton (S3S) and Aidan Grove (S3PS) who are this week's Waterman's Award winners.



Congratulations to our fortnightly Award Winners. These will be presented at Friday's Morning Assembly because of our planned Mother's Day Assembly in the afternoon.

Stevie Anderson, Hanz Herrera, Ella Martin, Jack Shields, Harrison Newman, Harrison Kolk, Kieran Munt, Kody Hodson, Braedyn Sear, Bella Hinton, Oliver Brauer, Kate Mann, Archie Wallace, Ava Styles, Brock Wilkinson, Linkin Jones, Delliah O'Brien, Blaze Swarris, Chelsea Bradshaw, Ethan Needs, Phoebe Stubbs, Michael Rudd, Rhiannon Slater, Lilah Potts, Kai Ditchburn, Naite Wilson, Hannah Johnson, Joshua Lindley, Christopher Prassl, Jubilee Mea, Jarrod Fletcher, Tandiah O'Brien, Xander Potts, Summer-Lilli Surrey, Jasmyn Debrecey, Makayla Steele, Mitchell Dorahy, Monique Williams, Ashley Middleton, Nathan Ward and Ryan Goldberg

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UPDATING STUDENT INFORMATION

Please be mindful of informing the school of any diagnosis or change in medical condition for your child so that a school plan and records are current and accurate. This is especially important for those students with Asthma, Anaphylaxis, Diabetes and other medical conditions.

UNIFORM SHOP EXTENDED HOURS

To cater for the changeover to winter uniform the Uniform Shop will open:

Tuesday 3 May 2016

9.00 am – 12 noon

Thursday 12 May 2016

9.00 am – 12 noon

Order forms available on the school website or from the Office

BRAIN GYM WORKSHOP

Switched On For School & Loving Life

MAY 16, 2016 5:30-7:30pm
@ St Agnes Primary School,
Port Macquarie.

Brain Gym is a program which focuses on the physical aspects of learning and behaviour. Doing the Brain Gym movements switches on the physical functioning of your brain and central nervous system, improving learning, thinking abilities, behaviour, motivation, self-esteem and confidence.

Understanding that there is a physical side of learning, we can open new pathways of communication within the brain to access more of our potential.

Source:

<http://www.braingym.org>

RSVP by : MONDAY 9TH MAY 2016

[Click here to register](#)

Or to go <http://goo.gl/forms/Lu1HM0R7V0>

Further queries please call Lisa Toomey

Mobile: 0417 515 101

MINDFULNESS SKILLS FOR PARENTS & KIDS

How to deal with BIG FEELINGS:

Facilitated by Sara Phillips, Life Coach & Parent Educator
Mindfulness research demonstrates it is possible to train your brain to cope with difficult and painful thoughts and feelings - those BIG feelings such as

anger, frustration, anxiety and worry. Mindfulness helps you to reduce stress, effectively handle your emotions and enhances optimism and resilience.

This fun, interactive workshop will teach you how to:

- Understand how a child's brain works
- Understand why kids react the way they do
- Use simple strategies to calm down quickly
- Teach simple mindfulness skills to your children
- Cultivate gratitude and optimistic thinking in your family life

WHEN: Wednesday 4th May 5.30pm to 7.30pm
WHERE: St Peter's Primary School Hall

"BOOK EARLY. LIMITED NUMBERS"

MARIA: 0432 647 822 / moherty@pac.stagnes.org.au

FROM THE SPORTING FIELD

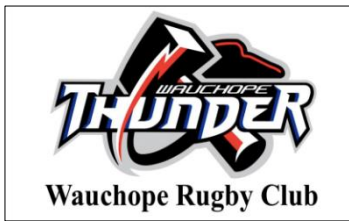
ZONE CROSS COUNTRY

The Zone Cross Country will take place on Wednesday 4 May 2016 at Bowraville. Students nominated in the school team need to be at school before 7.15 am as the bus will depart at this time. Children will need to wear their sports uniform and have their school hats. Canteen facilities are available on the day, however students are asked to bring some food and plenty of water to drink. A pair of shoes to change into after running is highly recommended. We look forward to a great carnival and wish all our competitors all the best.

CONGRATULATIONS

Brendan Walsh received his Polding Swimming Certificate this week. Brendan came a creditable 12th in his event overall and 5th in his heat, with only tenths of a second separating 1st to 6th in this race. Congratulations Brendan on a great achievement.





Wauchope Thunder Rugby Union club needs only a few more players in U10's (Year 3 & Year 4) and U12's (Year 5 & Year 6) to field two teams in each age group. You will get heaps of playing time in a game of running and passing rugby!! All games on Friday afternoon at Stuarts Park Port Macquarie - no other travel. No games during school holidays or long weekends. Training at Blackbutt Oval Wauchope each Wednesday from 5.00 to 6.00 pm. Fee of \$100 covers registration, insurance, shorts, socks & training shirt. Jerseys supplied by club. All interested players / parents - please contact Jack Pike 0407 205 994.

CANTEEN ROSTER WEEK 2 TERM 2	
Monday 2 May	Julie Keena Cheryl Rixon
Wednesday 4 May	Julie Keena Michelle Gittoes
Friday 6 May	Julie Kenna Nerida Ackerman Carol Begley

Teach your child valuable saving skills.

School Banking is rewarding in so many ways.

Prizes to collect

School Banking available every Tuesday.

COMMUNITY NOTICES

Fire and Rescue Open Day

Saturday 21 May 2016 between 10.00 am and 2.00 pm.
You are invited to watch fire safety demonstrations, road crash rescue scenarios, board a fire truck and learn about becoming a firefighter.

Flu vaccination Clinic for children and families

There is a push this year for children to be immunised against the Flu. Flu vaccination Clinic Saturday 30 April 2016.
Phone 6584 0044

Go4Fun Funded by NSW Health

Go4Fun is free and funded by NSW Health to provide fun games, exercises and nutrition learning experiences for attending local children and parents.
Phone 6562 0324 for more information regarding activities during Term 2.

Health & Services Expo

Wauchope Neighbourhood Centre
For more info phone 6586 4055
Where – Wauchope RSL Club
When – Tuesday 10 May 2016
Time 10.30 am to 1.00 pm
Cost – Free
Bringing free health services to you.
Morning tea provided
Fun activities

Wauchope Blues JRLFC

Places are still available in the Under 8's, Under 10's and Under 12's for anyone interested in playing with the Blues. Player registrations will be taken at Lank Bain Oval from 4.00 pm on Tuesday. For more information please contact Karen on 0407 012 101



Tuesday 3 May

- Whole School Mass: 2.00 pm

Wednesday 4 May

- Zone Cross Country Carnival

Friday 6 May

- Mother's Day Celebration and Assembly: 12 noon – 3.00 pm

Tuesday 10 – Thursday 12 May

- NAPLAN: Year 3 & Year 5

Thursday 12 May

- P & F Meeting: 6 pm

Saturday 14 May

- Children's Liturgy and Eucharistic Inscription Mass, 6.00 pm

Wednesday 18 May

- School Athletics Carnival

Thursday 26 May

- P & F School Disco

Friday 27 May

- Diocesan Cross Country

Saturday 18 June

- Sacrament of Eucharist

Friday 24 June

- Zone Athletics Carnival